



Curbside News

Newsletter for High Country Disposal

City of Sisters

Spring 2019

City of Sisters FREE Spring Clean Up: May 7 or May 8

High Country Disposal will provide free collection of yard debris, miscellaneous household waste and appliances on Tuesday, May 7 or Wednesday, May 8. **Collection is only for residents within the city of Sisters.**

When and where to set out materials: Collection day will be the same day as regular garbage service, on May 7 or May 8. All material should be set out by 7:00 a.m. in the same general location as garbage roll carts.

What to set out: Free collection is limited to the following:

- Up to four cubic yards of yard debris **and/or** miscellaneous

household waste. Please separate yard debris for recycling and bag all loose items.

(Four yards = a regular pickup truck filled to the cab.)

- Up to four appliances. All appliances must be emptied of food, water, clothing, etc.

What not to set out: Material / Items not accepted include: sod, dirt, rocks, large furniture (i.e. couches), mattresses, hazardous waste, chemicals, paint, tires, heavy metal objects, toilets and lawn mowers.

Questions: Please contact High Country Disposal at 541- 548-4984.

Pick Up Your Compost Today

Healthy Soils make Healthy Plants! Compost is crucial to any gardening or landscaping endeavor. Central Oregon soils are naturally poor in quality and lack organic matter, which can be the source of many plant problems.

High Country Disposal offers compost sales of SoilBuilder and BioFine from our sister company, Deschutes Recycling. We offer convenient delivery.

Main uses for compost include soil amendment, mulch, lawn top dressing and potting soil.

Our compost products carry the US Composting Council Seal of Testing Assurance to ensure quality and reliability. Contact 541-548-4984 to schedule a delivery.



Choose to Reuse

Before throwing out that old item, can you give it a second life?

Help support your local thrift stores by donating clothes and other good condition working household items. Sisters Habitat ReStore is a great resource for household items that are still in good condition. Check out the Rethink Waste project for more tips at www.rethinkwasteproject.org/reuse/reuse-everyday/.

Help Support CAN Cancer

This year marks our 10 year anniversary for CAN Cancer. The Central Oregon garbage haulers formed CAN Cancer with a goal to helping families manage day-to-day non-medical expenses that are not covered by insurance.

With the help of our communities, over \$325,000 has been raised, providing support to so many of our neighbors throughout Central Oregon battling

cancer. The demand continues to increase and more help is needed. Your donations can make a difference and all money raised stays in

Central Oregon.

Please look for your CAN Cancer envelope in your billing statement. For more information and to make a donation online, visit www.cancancer.org.

Thank you for your support!



Recycling Guides - New Refreshed Look

High Country Disposal refreshed the recycling guide, focusing on what items are acceptable in your local recycling program.

To maintain a sustainable program, it is important to keep contaminants out. Remember plastic bags don't belong in your recycling cart. Please take your plastic bags to participating grocery stores for recycling.

Other contaminants com-

monly found in recycling carts include Styrofoam, frozen food boxes, coffee cups, and plastic clamshells. These materials go in your trash cart. If you have a question about a specific item, please contact our office to find out before placing it in your recycling cart.

Recycling guides are available at highcountrydisposal.com or contact our office at 541-548-4984 to have one mailed.

FireFree Event

The annual FireFree yard debris recycling event at Northwest Transfer Station off Fryrear Road is Friday, May 17 & Saturday, May 18. You can do your part to create a defensible space around your home and property and help reduce the risk of wildfire.

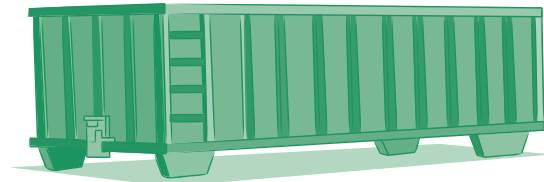


For additional information about FireFree, visit www.firefree.org or call 541-322-7129.

FIREFREE = FREE DISPOSAL GET A DROP BOX!

If you have a large amount of yard debris or want to work together as a neighborhood, consider renting a drop box during the FireFree event. Drop box loads of clean brush, limbs, grass, leaves, pine needles, and weeds can be disposed of for free during the FireFree event. We

deliver the container, you load it up and we haul it away. It's that easy. **Loads must be free of rocks, dirt, plastic bags and garbage to qualify for free disposal.** For more information and rates, call 541-548-4984.



Recycling Preparation Guide

95-Gallon Commingled Roll Cart

- **Newspaper** – Anything that comes in the newspaper can be recycled with the newspaper.
- **Magazines, Catalogs, Phonebooks**
- **Plastics** – Rinse clean. No need to flatten.
 - **Acceptable Plastics:** Plastic bottles and tubs 6 ounces or larger (except those containing hazardous products or motor oil). Rigid plastic such as yogurt containers, butter tubs, sour cream and cottage cheese containers. Nursery plant pots 4 inches or larger. Plastic buckets of 5 gallons or less, milk jugs (not flattened).
 - **Non-Acceptable Plastics:** Bags and film, foam/expanded plastics, large items (i.e. toys), bottle & tub lids, trays, clamshells and bakery containers, food-contaminated items, "Biodegradable" plastics, cups, plates, silverware, blister packaging, any plastic containers smaller than 6 ounces.
- **Tin/Aluminum** – Cans, jar lids, foil, TV dinner trays, beverage cans. Rinse clean. No need to flatten.
- **Paper bags**
- **Corrugated Cardboard** – Flatten. No waxed or slick coated cardboard.

- **Mixed Paper, Junk Mail & Paper** – Paper, envelopes, white & colored paper, computer paper, tin can labels, wrapping paper (*no foil or ribbon*), shredded paper (strips only, *no confetti*). *No paper ream wrappers, tissue paper, waxed paper, candy wrappers, snack food bags.*
- **Paperboard** – Cereal/cracker/shoe boxes (discard liners), soda and beer cartons, paper egg cartons, paper towel tubes. *No frozen food boxes, paper cups/plates/towels/napkins, pet food bags.*

Recycling Tips

- Glass and motor oil will continue to be recycled at Sisters Recycle Center.
- Plastic grocery bags are not recyclable at the curb. Please recycle at participating grocery stores.
- Styrofoam peanuts and rigid packing pieces are not recyclable. Please bag Styrofoam peanuts before putting them in garbage roll cart.

Yard Debris Roll Cart

- Grass clippings, brush, weeds, pine needles, plant prunings, branches no larger than 2" in diameter and 36" in length.
- Raw fruits and vegetables

Recycle Depot Locations

- Sisters Recycle Center
- Deschutes County Transfer Stations
- Deschutes Recycling, located at Knott Landfill

Numbers & Web Sites

- **High Country Disposal**
highcountrydisposal.com...541-548-4984
- **Bend Garbage & Recycling**
bendgarbage.com 541-382-2263
- **Deschutes Recycling**
deschutesrecycling.com ... 541-388-1910
- **Knott Landfill Information Line**
..... 541-388-6599
- **Department of Environmental Quality**
deq.state.or.us 541-388-6146
- **The Environmental Center**
envirocenter.org 541-385-6908
- **Deschutes County Solid Waste Dept.**
co.deschutes.or.us/solidwaste
..... 541-317-3163
- **Bend ReStore**
bendhabitat.org..... 541-312-6709
- **Redmond ReStore**
redmondhfh.org..... 541-548-1406
- **Sisters ReStore**
sistershabitat.org 541-549-1621



Providing the finest waste disposal and recycling services