



# Curbside News

Newsletter for High Country Disposal

City of Sisters

Fall 2018

## Congratulations to our 2018 Scholarship Recipient

High Country Disposal is excited to announce the winner of our annual \$1,000 Sisters High School scholarship. Congratulations to Nicole Kersavage.

**Nicole Kersavage** has obtained her Basic Life Support certification and is working on obtaining her Intermediate Life Support certification. Nursing is Nicole's passion; she spent 14 weeks

at St. Charles rotating through a variety of different departments including ER, Family Birthing, ICU, X-Ray, and Pathology. She plans to attend Central Oregon Community College to



earn her associate's degree and then transfer to a nursing program.

The High Country Disposal scholarship is presented annually to an outstanding student from Sisters High School. The scholarship application will be available beginning in the fall at the counseling department.

## City of Sisters FREE Residential Fall Cleanup:

November 6 or November 7

High Country Disposal will provide free collection of yard debris, miscellaneous household waste and appliances on your regular collection day either Tuesday, November 6 or Wednesday, November 7. **Collection is only for residents within the city of Sisters.**

**When and where to set out materials:** Collection day will be the same day as regular garbage service, on November 6 or November 7. All material should be set out by 7:00 a.m. in the same general location as garbage roll carts.

### What to set out:

- Up to four cubic yards of yard debris and/or miscellaneous household waste. Please separate yard debris for recycling. (*Four yards = a regular pickup truck filled to the cab*)
- Up to four appliances. All appliances must be emptied of food, water, clothing, etc.

### What not to set out:

Material/Items **not accepted** include: sod, dirt, rocks, large furniture (i.e. couches), mattresses, hazardous waste, chemicals, paint, tires and heavy metal objects, toilets and lawn mowers. Branches cannot exceed 4' in length or 4" in diameter.

**Questions:** Please contact High Country Disposal at (541) 548-4984.

25% off BioFine & SoilBuilder Compost  
Oct. 1-31

## Winterize Your Lawn and Garden

Compost Available at High Country Disposal

High Country Disposal offers compost sales from our sister company, Deschutes Recycling. Stop by our office for self-haul or call for convenient delivery.

Fall Tips: For the fall gardening season, you should topdress your yard and mulch your plants with compost. Compost is an essential ingredient to winterizing your lawn and garden.

Mulching for winter: Around the time your perennials are dying back for winter and the ground is freezing, you should mulch around your plants with a few inches of compost. For excellent, ready-to-plant soil, till 2-3 inches of compost into beds you will plant the following spring or summer.

Topdressing the lawn: Apply a thin layer (¼ to ½ inch) of BioFine compost to your lawn in the fall and again in the spring to help build up a good supply of organic matter and nutrients for the next growing season. If you haven't done this yet, you will be amazed at what topdressing does for your lawn!

Order your compost today and rent a compost spreader for easy application, 541-548-4984.

## Important Holiday Collection Schedule

The only holidays that our drivers do not work are Christmas Day and New Year's Day. During those weeks, when the holiday falls on a weekday, collection will be delayed one day for both holiday weeks.

This year, our Tuesday and Wednesday customers will be affected by the holiday schedule. Tuesday customers will be serviced on Wednesday and Wednesday customers will be serviced Thursday for both holiday weeks.

## Your Security is Our Priority

SecureShred provides on-site document destruction services at your home or business. You'll have the security of knowing your information is safely and completely destroyed with our on-site shred truck.

One time, on-call and regular shredding services available; whatever best fits your needs. No advance document sorting necessary.

For your convenience, we also offer secure drop off shred service at our High Country Disposal office. For more information or to schedule an appointment please call 541-382-2263.



Check out our website for all the information regarding our services at [highcountrydisposal.com](http://highcountrydisposal.com), or contact our office and we're happy to answer any questions you may have at 541-548-4984.

**Daylight Savings is Nov. 4! Remember to turn your clocks back an hour.**

# Recycling Preparation Guide

## 95-Gallon Commingled Roll Cart

- **Newspaper** – Anything that comes in the newspaper can be recycled with the newspaper.
- **Magazines, Catalogs, Phonebooks**
- **Plastics** – Rinse clean. No need to flatten.

**Acceptable Plastics:** Plastic bottles and tubs 6 ounces or larger (except those containing hazardous products or motor oil). Rigid plastic such as yogurt containers, butter tubs, sour cream and cottage cheese containers. Nursery plant pots 4 inches or larger. Plastic buckets of 5 gallons or less, milk jugs (not flattened).

**Non-Acceptable Plastics:** Bags and film, foam/expanded plastics, large items (i.e. toys), bottle & tub lids, trays, clamshells and bakery containers, food-contaminated items, "Biodegradable" plastics, cups, plates, silverware, blister packaging, any plastic containers smaller than 6 ounces.

- **Tin/Aluminum** – Cans, jar lids, foil, TV dinner trays, beverage cans. Rinse clean. No need to flatten.
- **Paper bags**
- **Corrugated Cardboard** – Flatten. No waxed or slick coated cardboard.

- **Mixed Paper, Junk Mail & Paper** – Paper, envelopes, white & colored paper, computer paper, tin can labels, wrapping paper (no foil or ribbon), shredded paper (strips only, no confetti). No paper ream wrappers, tissue paper, waxed paper, candy wrappers, snack food bags.
- **Paperboard** – Cereal/cracker/shoe boxes (discard liners), soda and beer cartons, paper egg cartons, paper towel tubes. No frozen food boxes, paper cups/plates/towels/napkins, pet food bags.

## Recycling Tips

- Glass and motor oil will continue to be recycled at Sisters Recycle Center.
- Plastic grocery bags are not recyclable at the curb. Please recycle at participating grocery stores.
- Styrofoam peanuts and rigid packing pieces are not recyclable. Please bag Styrofoam peanuts before putting them in garbage roll cart.

## Yard Debris Roll Cart

- Grass clippings, brush, weeds, pine needles, plant prunings, branches no larger than 2" in diameter and 36" in length.
- Raw fruits and vegetables

## Recycle Depot Locations

- Sisters Recycle Center
- Deschutes County Transfer Stations
- Deschutes Recycling, located at Knott Landfill

## Numbers & Web Sites

<b>High Country Disposal</b> <a href="http://highcountrydisposal.com">highcountrydisposal.com</a>	541-548-4984
<b>Bend Garbage &amp; Recycling</b> <a href="http://bendgarbage.com">bendgarbage.com</a>	541-382-2263
<b>Deschutes Recycling</b> <a href="http://deschutesrecycling.com">deschutesrecycling.com</a>	541-388-1910
<b>Knott Landfill Information Line</b>	541-388-6599
<b>Department of Environmental Quality</b> <a href="http://deq.state.or.us">deq.state.or.us</a>	541-388-6146
<b>The Environmental Center</b> <a href="http://envirocenter.org">envirocenter.org</a>	541-385-6908
<b>Deschutes County Solid Waste Dept.</b> <a href="http://co.deschutes.or.us/solidwaste">co.deschutes.or.us/solidwaste</a>	541-317-3163
<b>Bend ReStore</b> <a href="http://bendhabitat.org">bendhabitat.org</a>	541-312-6709
<b>Redmond ReStore</b> <a href="http://redmondhfh.org">redmondhfh.org</a>	541-548-1406
<b>Sisters ReStore</b> <a href="http://sistersshabitat.org">sistersshabitat.org</a>	541-549-1621



**Providing the finest waste disposal and recycling services**